

In an active community, the built environment is **planned, designed and maintained to support community members' activities** and alternative choices to transportation. When the built environment supports an active community, residents can identify the following:

- it is easier for people to get around without a car/truck
- people feel safe in public places
- the environment feels clean
- people of all ages and abilities are able to live in the community
- people can live and be part of the community
- people are encouraged to live a healthy lifestyle



The built environment refers to the human-made or modified physical surroundings in which people live, work and play! For communities in the Northwest Territories the built environment includes:

- trails and walkways
- roads
- buildings
- open space
- parks & playgrounds
- gardens

The **Built Environment and Active NWT Communities Checklist** is a tool that can be used by Community Government's council and staff to **assess how well existing conditions** of the built environment support active healthy communities.

For each of the items considered as part of the built environment a series of **questions are asked to assess if it supports community members activities** and to get ideas of how to make changes.

